



# Don't wait for an emergency... take care of your parents now!

Manage their lifestyle diseases like Diabetes, Hypertension, and Cardio vascular disease At-Home today.

Health security for your parents available at a fraction of current healthcare rates at just

**\$20 / ₹ 1,500/- p.m\***

Services now available in **Chennai** - \*billed annually

[Go to website](#)

## How we SafeGuard your parents health?

- ✓ Monthly home health check-up
- ✓ Monthly Doctor consult
- ✓ Family participation in Doctor consult
- ✓ Nutritionist assessment and review of your daily food intake
- ✓ Physiotherapist visits for pain relief
- ✓ Monthly personal visit by a certified health coach
- ✓ Abnormality detection
- ✓ Review and Consolidation of all existing prescriptions by a Doctor
- ✓ Digitize all medical records
- ✓ Master Health check-up at home
- ✓ ECG and Heart check
- ✓ Nerve testing at home
- ✓ Eye scan at home
- ✓ Psychological counselling
- ✓ Free Home delivery of medicines at discounted prices
- ✓ Unlimited Doctor consult for any queries
- ✓ Refer to top specialist of Chennai Hospitals
- ✓ Refer to top Physiotherapy Clinic near your home to execute advanced therapies
- ✓ Emergency assistance